



Coaching Transitions:

Walking with Leaders in the Turning Points of Life

by Tony Stoltzfus

★★★★★ (5 stars)

Buy this audio CD set if:

- *You need an effective coaching model, questions, and practical techniques to coach clients through times of deep change, or leadership transition*
- *You want to help others see their seasons of*

transition from a God-centered perspective, and make connections to their development in both character and life purpose.

All leaders go through times of transition, where God is uniquely shaping and equipping them for the next phase of their life or ministry. *Coaching Transitions* is a live coach training session on two CDs with coach trainer and author Tony Stoltzfus. A downloadable *Coaching Transitions* handout (available free from www.coach22.com) includes diagrams, coaching models, tools, and plenty of sample coaching questions to help you begin coaching with this model immediately.

Tony demonstrates how to coach clients through seasons of transition using a three-step coaching process based on Romans 8:28. In this CD set, you will hear Tony coach three different leaders who are talking the ‘real deal’ about their ministry transitions. The Romans 8:28 coaching model helps clients to gain perspective and engage God’s purposes for them in seasons of change. A real gem in this multimedia product is the description and demonstration of coaching techniques which may help your clients to make connections between their season of transition and their development in terms of character formation and life purpose or calling.

One of the great things about this model is that it can be used with those either currently enmeshed in transition or with those who have been shaped deeply by events in the past and still need to see the hand of God in them. The coaching model and techniques have the potential to prompt breakthroughs, confirm clients’ sense of God’s actions, or facilitate deeper reflection. As Tony demonstrates how to coach leaders through transition, he provides some interesting coaching side notes to those in the listening audience. These side notes provide insight on how he is using the model, and helps coaches to understand at a practical level how to leverage the coaching transition techniques for the client’s growth.



Summary

Coaches often interact with clients who are in a season of transition. *Coaching Transitions: Walking with Leaders in the Turning Points of Life* provides a much needed Christian coaching model to help catalyze personal growth, leadership development, and the formation of Christian character in order that your client may become all that God desires for them in terms of their life calling. A must-have coaching model for all Christian coaches: my highest recommendations for this product!

Reviewed by: Erna Kriigel, www.steppingstonescoach.com.

Erna uniquely combines leadership development, experiential learning, and life coaching to help Christian lay leaders become and do all that Christ intends for them.