



Coaching Questions

A Coach's Guide to Powerful Asking Skills

By Tony Stoltzfus

★★★★★ (5 stars)

Reviewed by [Erna Kriigel](#)

Buy this book if you:

- *You are a coach seeking to improve your question-asking ability and conversation skills.*
- *You are a seasoned coach who wants to learn additional coaching models, techniques, and their accompanying question sets.*

Overview

Coaching Questions: A Coach's Guide to Powerful Asking Skills is a multi-purpose coaching resource for the coach's toolbox. It's a user-friendly coach-training course book that describes how to use coaching models and ask powerful incisive questions, an in-depth refresher guide with advanced question sets for seasoned coaches, and a quick-flip coaching reference on coaching models, techniques, questions, and coaching niches for coaches of all levels.

User Friendly Special Features

Coaching Questions has a number of special features which makes it user friendly. Most of the pages have little sidebar boxes containing pertinent information regarding topics covered on that page. The "Application" box makes suggestions on how a coach might use a model, technique, or questions. The "Hints and Tips" boxes provide a special tidbit of instruction which helps a coach to understand at a deeper level what is presented. The "For More" boxes list the location of other topics found within the book which might link together.

Also, the section entitled "Become a Master of Asking" (page 10-11) includes a step-by-step, ten-week self study course using the models and asking techniques included in the book.

The last section of the book is devoted to the topic of coaching niches. In this section, twelve seasoned coaches share with the reader a short description of their own coaching niche, and some of the questions that they use in their coaching conversations. "Coaching Niches" provides a short introduction to some interesting coaching niches, and additional coaching models, techniques and question sets suitable for the coach toolkit.

Summary

In summary, *Coaching Questions: A Coaches Guide to Powerful Asking Skills* contains a rich wealth of coaching resources which includes how to ask powerful questions and much more! Additionally, the use of the sidebar boxes makes coaching insights from a master level coach available to coaches of all levels of expertise.

Reviewed by: Erna Kriigel, www.steppingstonescoach.com, www.adventist-life-coaching-services.com